



Wonga Park Primary School Policy Manual	600 CURRICULUM 603 Physical and Sport Education Policy	Page: 1 of 3 Issue: 1.0 Date: May 2019
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PHYSICAL AND SPORT EDUCATION POLICY

PURPOSE

To ensure the school conducts the required amount of physical and sports education.
To ensure that students undertake physical education and sporting activities safely.

RATIONALE

At Wonga Park Primary School we provide a Physical Education program, which develops physical skills in co-operative and competitive situations. This program is part of the Physical Education and Health Key learning area of the Victorian Curriculum. Physical Education is concerned with supporting students to develop competence in making decisions and taking action to promote an active, healthy lifestyle. The acquisition of fine and gross motor skills is essential and related to performance in other curriculum areas.

Physical Education aims to be an engaging and rewarding experience in which students not only learn to play sports but will also master skills that will help them in other learning areas in everyday life.

GUIDELINES

Physical Education at Wonga Park Primary School promotes happy and healthy physical learning through explicit teaching of concepts and skills.

Sportsmanship and positive social interaction are encouraged, with Wonga Park Primary School, School values regularly incorporated into teaching content. The school's values are applied in a safe and supportive learning environment where students can develop their physical skills, interact with other students and have fun.

The Physical Education aims to allow students:

- To develop physical skills with increasing control and co-ordination.
- To work and play with others in a range of group situations, using collaborative learning approaches.
- To develop and perform skills and apply rules and conventions for different activities.
- To use what they have learnt to improve the quality and control of their performance.
- To build on skills to improve the quality and control of their performance.
- To recognise and describe how their bodies feel during exercise.
- To develop an understanding of how to succeed in a range of physical activities.
- To evaluate their own success and set goals for themselves.
- To establish positive attitudes towards health and physical fitness.
- To develop Fundamental Motor Skills to enable the individual to function effectively and to enjoy participation in a range of physical recreational pursuits.
- To establish positive attitudes towards effective use of leisure time.

IMPLEMENTATION

At Wonga Park Primary School the Health and Physical Education Key Learning Area is linked to the delivery of Challenged Based Learning. In this way learning is connected and applies more to the real world. There is an emphasis on helping children to develop competence in making decisions and taking action to promote an active, healthy lifestyle.

Facets of the program include:

One hour per week with the PE Specialist

Whole class sessions – taken by class teachers
One hour per week Sensory PE - Prep and Year 1
Swimming program – Prep – Year 4
Gymnastics program – Prep – Year 2
Summer and Winter Interschool Sports – Years 5 & 6
Team Vic Trials – Years 5 & 6
Hooptime Basketball competitions – Years 3 - 6
House Cross Country and House Athletics competition
District Cross Country, Swimming and Track & Field competitions
District Tennis and Cricket competitions
Specialised clinics on a variety of sports offered at each level

Programs such as Interschool Sports, swimming, gymnastics, Hooptime, Cross Country, athletics are organised as excursions.

House Sports

All students in Years P – 6 practise and participate in the House Cross Country and Years 3-6 participate in the House Athletics Sports. This is a fun event where students can experience first hand what it is like to run on a formal athletics track in lanes and also experience distance running in a competition environment. The results of these events are also used to determine positions for Years 3-6 for the District Cross Country and District Track & Field. Winning a House event does not guarantee students an automatic entry in that particular event at District level. All other results from training and PE lessons are taken into account and the best suited students will be entered into the competition. Students are required to attend most training sessions to be able to compete to the best of their ability.

Interschool Sport

Year 6 students are given first priority in their choice of the sport they will participate in for Interschool Sport. Teams that finish at the top of the ladder, at the end of each season, will have the opportunity to compete at District, Region and/or State level.

Team Vic Trials

Each year, talented students have the opportunity to trial for a place in the School Sport Victoria (SSV) Team Vic state team and participate in annual School Sport Australia (SSA) Championships including sports such as basketball, football, netball and soccer. Selections are based on merit, not on year level and a selection panel, made up of teachers and skilled community members, will determine which students will be selected. The selections are based on a range of criteria and teachers will support students through this process in an effort to further improve personal understanding and resilience. Protocols have been established to provide a clear framework in which teachers, students and families can operate. They are designed to be clear, unambiguous and binding upon all members of the Wonga Park community. The level of competition is very high, therefore only the most suitable students will be nominated by the school.

Hooptime Basketball Competition

It has been the choice of Wonga Park PS to become involved in Hooptime basketball because of the opportunity for the inclusion of most children as well as the learning experience gained from this competition. Team selections are based on merit and performance and the selectors, including the PE teachers and classroom teachers' decisions are final.

Classroom teachers will consider the child's classroom performance before selection and it is the PE and classroom teachers' decision as to whether the child should be a part of the competition. Hooptime is a fun day and caters for all ability levels.

Netball Victoria School Championships

All Grade 5 and 6 students are invited to trial for our Netball Victoria School Championship teams. Team selections are based on merit and performance and the selectors, including the PE teachers and classroom teachers' decisions are final.

Sporting Code of Conduct

Whenever children represent Wonga Park Primary School in competitive sports, the emphasis for our students will be *“participation to the best of their ability, co-operation, teamwork and having fun.”*

We always expect our students to:

- Try their hardest, to the best of their ability
- Display good sporting temperaments and manners
- Have fun when playing sport

Whenever representing our school community, both at school and at other venues, all students and adults who assist or watch them, are expected to abide by the following Codes of Conduct.

Student Code of Behaviour

- Play for the "fun of it" and not just to please parents and coaches.
- Understand and play by the rules.
- Respect referees and other officials.
- Control your temper.
- Work equally hard for yourself and your team.
- Be a good sport.
- Co-operate with your coach, team-mates and opponents.
- Treat all players as you would like to be treated.
- Respect the rights, dignity and worth of every person.
- Be prepared to lose sometimes.
- Always respect the use of facilities and equipment provided.

Parents' Code of Conduct

- Encourage your children to participate for their own interest and enjoyment, not yours.
- Encourage children to always play by the rules.
- Teach children that an honest effort is always as important as a victory.
- Focus on developing the skills and focus on the game.
- A child learns best by example. Applaud good play by all teams.
- Do not criticise your or others' children in front of others.
- Accept decisions of all referees as being fair and called to the best of their ability.
- Set a good example by your own conduct and behaviour.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect the rights, dignity and worth of every person.
- Show appreciation for volunteer coaches, officials and administrators.
- Keep children in your care under control.
- Always respect the use of facilities and equipment provided.

Evaluation

School Council will be responsible for the implementation and evaluation of this policy. This policy will be reviewed by the school council at least every 3 years, or earlier in special circumstances, and is scheduled for review in **2022**.

Date Ratified: 17.6.19