



# News & Views

WONGA PARK PRIMARY SCHOOL NEWSLETTER

7th September 2017 ISSUE 14 WEEK 8

Wonga Park Primary School

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W [www.wongapark.vic.edu.au](http://www.wongapark.vic.edu.au)

Twitter.com/@WongaParkPS

WPPS Before & After School Care

Direct Line 9722 1186

(Answering machine will take message)

## Diary Dates

# 2017

### Term 3

#### SEPTEMBER

8th	Junior Hooptime
11th	P-2 Gymnastics
13-15th	L3/4 Phillip Island Camp
15th	Snr Hooptime
18th	Expressions—Legoland
11th	P-2 Gymnastics
19th	Footy Fun Day
	Gr 6 Graduation Fundraiser
20th	Expressions-Silly Science & Tinkering
	L1/2 Parent Info Session
	Sleepover
	Choir / Sports Aerobics Concert
22nd	<b>LAST DAY TERM 3 -</b>
	<b>EARLY DISMISSAL 2.30PM</b>
23rd	WPPS Farmers' Market



### Term 4

#### OCTOBER

9th TERM 4 COMMENCES



1st of May,  
Hats off day.

But always remember,  
Hats on again in **September**.

A reminder the first day of Spring,  
we follow the Sunsmart policy and  
all children **MUST** wear a hat.

**NO HAT, NO PLAY**

**Hats are available to**  
**purchase at the office for**  
**\$12.00.**

## From the Principal's Desk

### Father's Day Breakfast

It was lovely to see so many of our dads, grandads, special friends come along to share the special Father's Day breakfast last Friday. A huge thank you to Jess Vine for preparing all of the delicious burritos and to the team of helpers on the morning. A fantastic effort! Our prep dads got to stay on for the annual paper plane competition which is always lots of fun even if the prototypes with all the feathers and streamers attached don't quite fly as well as the streamlined versions!!



A big thank you to Liz Kearton, who gave students the opportunity to make a precious gift from the heart for their dad. We hope all of our dads had a wonderful Father's Day with their children last Sunday!

### Student Drop Off Collection Time

Just a reminder that the student drop off time is from **8.35am** onwards when staff are on yard duty. In the afternoon your child can remain in the school grounds until **3.45pm**. After this time children will be brought to the office / sent across to OSHC.

### Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge closes soon. Please login and register your books. Username and codes are at the office if needed.



### Grade 3/4 Camp

We wish all of Grade 3/4 students a wonderful experience as they head off to Phillip Island for their three-day camp next week. We are sure they will have a wonderful time doing archery, canoeing, going on the giant swing, negotiating the low ropes course and the rock climbing wall, visiting Amaze'n Things, going to see the penguins and much more. We look forward to hearing about their adventures on their return. Camps are such a great opportunity for children to build their friendships, confidence and independence in a different environment. Have a great time Grade 3/4s!



### Notices / Replies Due Back

- McDonalds Snr Hooptime
- Expressions

## From the Principal's Desk cont...

### Prep Cupcake Day

How wonderful it was to see our preps running their first cupcake stalls today for the whole school. What an amazing array of cupcakes there were for sale!! Thank you to all of the parents who went to so much trouble to create such delicious cupcakes for the event. The preps decided to run the stall to raise money for their CBL challenge to 'Use your power to make a difference'. The preps have planned how they would like to make a difference in their Prep Imagination Garden, and the money raised will be used to fund some of the changes they would like to make. Thank you to everyone for supporting our preps!



### Health Advice

The Department of Health and Human Services (DHHS) has advised that there is an increased rate of influenza reports throughout Victoria. Schools are also reporting higher rates of students affected by influenza. We've certainly seen lots of our students and staff affected.



The information below outlines how the school can best respond.

### **How can our school respond best?**

All schools should consider the following important points when responding to students affected by influenza:

1. Students with cold or flu-like symptoms should be encouraged to seek medical attention, limit contact with others and stay at home until symptoms have passed.
2. If a child becomes ill at school with these symptoms, schools should contact the family and arrange for the collection of the child.

Good general hygiene remains the best defense against infection. Schools should encourage children to regularly wash their hands and cover their nose and mouth if sneezing and coughing.

## Wonga Park Farmers' Market—23rd September, 2017

9.00am—2.00pm



Regards

Julie

*Around the School...*

***Celebrating Fathers' Day at  
Wonga Park Primary***



### Families join digital detox to stop creeping screen time



Pallavi Singhal (Published by The Age, National, September 3, 2017)

When Rachel and Chris Allison stopped to take a look at their family's technology habits, they noticed a growing problem. They were both spending hours on phones and computers after work and on weekends and their 10-year-old daughter, Lauren, was also starting to want to spend all her time in front of an iPad.

"It sometimes feels like every minute of spare time has to be spent on a screen," Mr Allison, 44, from Sydney's northern beaches, said.

"If the kids were unsupervised, the eldest would do it around the clock, watching Netflix, exploring the internet."

Mrs Allison, who is a year 5 and 6 teacher at the German International School in Sydney, said a similar pattern is emerging among her students, who are spending more time looking at their phones than running around the playground at recess and lunchtime.

School parents came to her with their concerns about technology, which led her to think more about her own family's use of devices.

Mrs Allison and her husband decided to slash their time on screens, along with that of their daughters Lauren and Jenny, 7, by joining hundreds of Australian families expected to take part in a digital detox later this month.

"I'll be honest about how much I'm doing and try to cut it down, it'll show the kids that the adults don't always get it right," Mrs Allison said.

"I'll have my kids trying to talk to me and I'm on my phone ... a lot of it is keeping in touch with people through Instagram, Facebook and Snapchat."

The four-week program led by the Australian Parents Council is aiming to help families look at how much technology they use, set out their goals and change their habits.

President of the council, Shelley Hill, said the problem of technology is one that many families are facing.

"They have seen a noticeable change in the way family units interact and engage, and what we're hoping to provide are some gentle strategies people can use to change their use of technology," Mrs Hill said.

Kristy Goodwin, a researcher in the field of parenting and technology who is providing advice during the program, said the detox is more about improving digital habits rather than completely cutting out technology.

"Whether we love it or not, technology is here to stay," Dr Goodwin said.

"Rather than saying don't use technology, it's about developing healthy habits so screens don't impact on their physical and mental health."

The push to take family-based action on screen time comes as digital device ownership grows among children of all ages. About 94 per cent of Australian teenagers, 67 per cent of primary school-aged children, 36 per cent of preschoolers and 17 per cent of children aged under three have their own smartphone or tablet, according to the Australian Child Health Poll conducted in June this year.

Teenagers spend the most time in front of screens, with an average of 43.6 hours spent on devices every week, and parents spend about 39.4 hours a week on screens. This is about 31.5 hours for children aged six to 13, 25.9 hours for two to six-year-olds and 14.2 hours for children under two.

Dr Goodwin said that when used well, technology can have enormous benefits for children, and setting firm boundaries is important.

"Parents can look at setting boundaries around where screens are used, creating no-go screen zones in bedrooms, meal areas, play areas, ensuring they're not using devices around bed time," she said.

"For kids who are old enough, from three and up, try explaining why you're making the changes rather than just telling them to change behaviour, things like 'this will help you sleep better, make your body feel better as you get more active'."

# STEPHANIE ALEXANDER KITCHEN GARDEN NEWS

**GARDEN NEWS** - lovely lettuces are thriving at this time of year and the hens have started laying again now that the days are getting longer. We are now preparing for warmer season crops including growing seedlings to transplant in Term 4.

**KITCHEN NEWS** - Caesar salads and homemade baked chicken nuggets brought many smiles in kitchen classes last week.

## CLASS VOLUNTEERS ALWAYS WELCOME

Class helpers allow the program to run to its full potential. A Working with Children Check is required by all volunteers. Please sign up using this link for 2017 classes: <http://signup.com/go/kfHXhly>  
Alternatively, email Jenny on [wongakitchengarden@gmail.com](mailto:wongakitchengarden@gmail.com)

Kitchen Week (runs in the odd week of term):

Monday	<b>4A</b>	11:30am – 2:00pm
Tuesday	<b>3B</b>	11:30am – 2:00pm
Thursday	<b>3A</b>	11:30am – 2:00pm
Friday	<b>4B</b>	11:30am – 2:00pm

Garden week (runs in the even week of term):

Tuesday	<b>4A</b>	11:40am – 12:40pm	<b>4B</b> 12:40pm – 1:40pm
Thursday	<b>3A</b>	11:40am – 12:40pm	<b>3B</b> 12:40pm – 1:40pm



*NB : classes are occasionally rescheduled due to other events.  
Click the volunteer link above to see the update timetable.*

## **RECIPES**

The recipes used in our classes can be accessed by families using the Showbie app (available for iPads and iPhones) or via the website [www.showbie.com](http://www.showbie.com) Set up a student account and use the code GGKR5 to access the SAKG recipes. We encourage families to allow children to cook at home and to follow up our classes by cooking their child's favourite recipe. Happy cooking!!

## **CONTACT**

For all queries regarding the Stephanie Alexander Kitchen Garden Program, please contact Jenny Kelly (class facilitator and Program Coordinator) by email [wongakitchengarden@gmail.com](mailto:wongakitchengarden@gmail.com) or contact the school office on 9722 1325.





# Wonga Park Primary School

## Choosing a School for Your Child

### Storytime - Children At Three Year Old Kinder...

Our Transition Program starts with Storytime for children at three year old kinder.

*The dates and times are as follows –*

<b><u>Session 1</u></b>	–	Wednesday 2nd August, 2017	-	11.40 am – 12.40 pm
<b><u>Session 2</u></b>	–	Wednesday 13th September, 2017	-	11.40 am – 12.40 pm
<b><u>Session 3</u></b>	–	Wednesday 25th October, 2017	-	11.40 am – 12.40 pm
<b><u>Session 4</u></b>	–	Wednesday 6th December, 2017	-	11.40 am – 12.40 pm



**RSVP essential — Limited Spaces - 9722 1325 [wonga.park.ps@edumail.vic.gov.au](mailto:wonga.park.ps@edumail.vic.gov.au)**

### Bright Beginnings - Transition Program for Four Year Olds

*The dates and times are as follows –*

#### **Session 1**

Wednesday 26th July, 2017                      9.00 am – 11.00 am                      (Bring play lunch)

#### **Session 2**

Wednesday 6th September, 2017                      9.00 am – 11.00 am                      (Bring play lunch)

#### **Session 3**

Wednesday 18th October, 2017                      9.00 am – 11.00am                      (Bring play lunch)

#### **Session 4**

Wednesday 29th November, 2017                      9.00 am – **1.00 pm**                      (**Bring Playlunch & Lunch**)



Children do not need to be enrolled at our school to attend the first transition session.

Parents are not required to stay during the session. Children bring along their healthy morning tea snack and drink in a named container/bag. **Please note — we are a NUT SAFE school.**

# HAPPY BIRTHDAY

Happy Birthday to the following students who celebrated their Birthdays over the past and upcoming week:-

Olivia G, Lily M-B,  
Mikayla E, Amelia R,  
Jasmine S, Cooper O'K,  
Claudia S &  
Amelie C.

## Around the School ...

# Canteen Duty Roster

## TERM 3



## SEPTEMBER

Thursday 7th	- Rennae Rackley, Rachel Barnes, Kim West
Friday 8th	- Melissa Hunter, Julia Phelan
Thursday 14th	- Alexandra Holeckova, Emily Allen, Renee Reid
Friday 15th	- Kristy Dinnison, Jeanette Morriss
Thursday 21st	- Jan Caton, Carol Bracher, Katrina Garrett
Friday 22nd	- Debbie Couzens, Nardene Horvath, Brooke James

**Please note :-** if you are unable to attend your allotted time slot, could you please advise as soon as possible in order to find a replacement. Thank you.

# First Aid Room Sick Bay Linen Roster

## TERM 3

## September

Friday 8th	- Sally Newton
Friday 15th	- Sarah Moore
Friday 22nd	- Katrina Spargo



## Move to a local bank.

Become a customer of Warrandyte **Community Bank**<sup>®</sup> Branch today and you'll have access to great banking products and enjoy premium customer service. And with contributions to our local community of \$2.4 million, \$55,000 to Wonga Park Primary School you'll also know that your banking is supporting something bigger. Drop into the branch at 144 Yarra Street, Warrandyte or phone 9844 2233 to find out more.



**Bendigo Bank**  
Bigger than a bank.

Warrandyte **Community Bank**<sup>®</sup> Branch

# School Community News...

## Re-usable Lunch Order Bags

**\$10.50 each**

The re-usable canteen bags are in stock and available at the office for **\$10.50**.

They are made of non-woven polypropylene, durable and easily wiped clean with a damp cloth. These bags are designed to keep money and written lunch orders in a safe separate zipper pocket so that it is not lost and so that it does not come into contact with food. The bag also has a transparent pocket to display Student's name and class.



## LOST PROPERTY

Our Lost property is now located in the Admin / sick bay area.

**Please feel free to come and look for lost items at any time.  
Don't forget to name all your school items to make returning easier.**



## School Banking



School Banking is on every **Wednesday** morning.

New accounts are welcome at any time.  
You can apply online or collect a new account form from the office.



## Uniform Shop

Our Uniform Shop is open on the **first Monday morning of each month 8.30am - 9.15am**  
If you are unable to attend to place your order on this day, you may place an order by phone or complete an order form at any time and leave it at the office.

Your order will be processed and you will be advised when your order is ready to collect.

Eftpos and credit card facilities available.



# School Community News ...



Blackburn Cycling Club invites you to  
**Come & Try Track Cycling**  
**September 23<sup>rd</sup>**  
**Burwood East velodrome**

This is an introductory session for junior/new riders

- Bring your own bike
  - Free to attend
  - Qualified coaches
- Safe environment to learn cycling skills, away from traffic
  - Boys and girls welcome

BBN CC is one of Melbourne's leading cycling clubs  
We run regular track racing and training sessions from October-April  
Beginners, juniors, elite and masters  
Track bikes available to borrow

Register your interest via email: [info@bbn.org.au](mailto:info@bbn.org.au)

[www.bbn.org.au](http://www.bbn.org.au)

Facebook: **Blackburn Cycling Club**



www.alamy.com - B64DY1



## *A "Watery" Messy Church will take place soon.*

Here are the details:

**Date: Sunday 17<sup>th</sup> September 2017.** (Let's spring into Spring together)

**Time: 5pm – 7pm.**

**Where: St. James Anglican Church - 21-23 Bemboka Road Croydon Hills.**

**Cost: A monetary donation per person.**

**We look forward to seeing as many people as possible on the day and the more the merrier.**

**RDC**  
RINGWOOD DIVING CLUB

**Open Day**  
**@ Aquanation**

Come along and try diving - for free!  
No pool entry fee - just bring this flyer with you

Reilly Str  
Ringwood

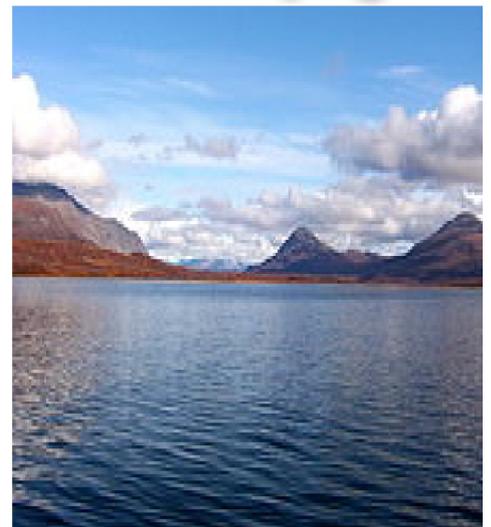
17 September 2017  
11am - 3pm

Trampolines  
Foam pits  
Diving boards  
Sausage sizzle

Prepare for lots of fun!

**0409 530 077**

[admin@ringwooddivingclub.com.au](mailto:admin@ringwooddivingclub.com.au)  
[www.ringwooddivingclub.com.au](http://www.ringwooddivingclub.com.au)



**FREE EVENT**

# SAFE SIDE PARK VIBES

*Celebrating community safety in a community space*

*Come along to support and encourage everyone to feel safe in Manningham!*

**12.30PM – 3.30PM  
SUNDAY 17 SEPTEMBER**  
(2pm – Community Walk around Ruffey Lake Park)  
@ Ruffey Lake Park – Victoria Street Hill, Doncaster East (Parking off Victoria Street)

FREE BBQ, Activities, entertainment & food for everyone to enjoy!

For more information call 9848 5400 or visit [youthservices.ymca.org.au](http://youthservices.ymca.org.au)

This event will be raising money for STOP. One Punch Can Kill. So please bring along a gold coin to donate.

#Youthservices



## Looking for Girls To join Warrandyte Junior Football Club

### Open Day

For Girls of all ages thinking of playing footy in 2018

September 10, 10-12 am at  
Warrandyte Reserve

A fun introduction training session with our coaches for girls  
While parents and siblings help themselves to egg and bacon rolls

Please register your interest at  
[www.warrandytejfc.org](http://www.warrandytejfc.org)

For all inquiries please contact Jennet Ure on  
[secretary@warrandytejfc.org](mailto:secretary@warrandytejfc.org)

**"It's all about the kids"**



**Wonga Park Cricket Club**  
Junior Cricket Program of the Year  
Cricket Australia's - A Sport For All Community Cricket Awards  
2016/2017

### Interested in playing Cricket?

Wonga Park is not only one of the most successful cricket clubs on field, it also boasts as being the most family orientated club in the local area. The club rooms and two main ovals are based off Launders Avenue in Wonga Park, nestled amongst the beautiful and scenic surroundings which gives the club that unique country feel.

### Something for everyone

- Milo In2Cricket – Friday afternoons
- Under 10 Mini Bash – Friday evenings
- Under 12 Competitive – Friday evenings
- Under 14 & 16 Competitive – Saturday mornings
- Under 18 Competitive – Friday nights
- Under 12 & 15 Girls – Sunday mornings

**Preseason on NOW – Registrations NOW OPEN**

Enquiries: Richard Semken 0425 801 580  
Register at [www.playcricket.com.au](http://www.playcricket.com.au)



### Eastern Diamonds Netball Club Inc. New club looking for Under 11 & 13 players for 2018

- Training :** Wednesdays 5:15pm to 6:15pm at Pinks Reserve (Kilsyth) commencing February 2018
- Matches:** played within the Lilydale Yarra Valley Netball Association facility—Pinks Reserve on Saturday mornings
- Under 11's born between 01/01/2007 – 31/12/2008  
Under 13's born between 01/01/2005 – 31/12/2006

ABOUT US: Eastern Diamonds Netball Club is a new club providing high level coaching to build confidence, co-ordination, health, fitness, friendships and having fun too. Qualified and experienced coaches



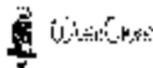
Kate McGrath—Register 0419 350 135  
Email: [info@easterndiamonds.com.au](mailto:info@easterndiamonds.com.au)



**Netball Dress and Training Top are FREE!**

It should be noted dress & training tops are owned by the club and to be returned at end of season.





**PLEASE NOTE THE CHANGE IN UNIT**

Coming up  
Term 4, 2017 . . .

**The Human Body and Its Systems**



Wonga Park Primary School

This new WiseOnes unit of 8 one hour lessons develops an understanding that the human body is an integrated system of many separate systems. Learn about your skin, circulation and nervous system. Learn about your skeleton which supports the whole body, your brain which enables knowledge, courage, honesty and curiosity. Learn how to use Socratic questioning. Research skills will be taught. In Week 8, we will all share our new knowledge, just as the body shares all its systems to make a whole person.

**WiseOnes Application for 4th Term 2017**

This program is available for all Grade 1 - Grade 6 children who have qualified for WiseOnes.

*The unit for fourth term commences week beginning Monday, 16<sup>th</sup> October, 2017*

The unit will run for 8 weeks commencing: Monday 16<sup>th</sup> Oct, 23<sup>rd</sup> Oct, 30<sup>th</sup> Oct, 13<sup>th</sup> Nov, 20<sup>th</sup> Nov, 27<sup>th</sup> Nov 4<sup>th</sup> Dec and 11<sup>th</sup> Dec.

**WiseOnes Teacher: Laura Cerna, mobile: 0400 994 096**

✂.....

I wish to enrol my child in the unit "The Human Body and Its Systems" starting week beginning Monday, 16<sup>th</sup> October, 2017.

I give permission for a copy of this slip to be handed to the WiseOnes teacher.

Child's Name \_\_\_\_\_ School: **Wonga Park Primary School**

Date of Birth \_\_\_\_\_ Class (2017) \_\_\_\_\_

Parents' Names \_\_\_\_\_

Address \_\_\_\_\_

Phone: BH \_\_\_\_\_ AH \_\_\_\_\_ Mobile \_\_\_\_\_

My child has already qualified for WiseOnes YES/NO

I would like a free test for my child YES/NO.

I would like my child to be tested with a fuller assessment to qualify for WiseOnes (assessment cost \$280 inc GST).

**Please send this slip and payment of \$243.00 on Thursday, 12<sup>th</sup> October 2017.**

*As we are a non-credit business, children will not be accepted into the program for the term unless the fees and enrolment form are returned by the above date. **NB No late enrolments will be accepted after this date.***

If paying by cheque please make it payable to Wonga Park Primary School.

For further information, please contact Pat Truscott on Mobile: 0407 313 657.